



Discover Your Wellness in Costa Rica

January 29 - February 4, 2012

Set on the beautiful coast of Playa Hermosa in Jaco, The Wellness Adventure is more than a weight loss getaway- it is an all inclusive exercise and wellness vacation. Our personalized program will be tailored to your needs and will teach you health and wellness principles to guide you along your own personal wellness journey. To learn more visit us online at thewellnessadventure.com or contact us at 602.820.8471.



Find us on Facebook at [TheWellnessAdventure](https://www.facebook.com/TheWellnessAdventure)

The image features a textured, yellowish-gold background with faint, hand-drawn outlines of a sun in the upper right and wavy lines across the middle. A prominent, hand-drawn green frame with a double-line border is tilted. Inside this frame, the text "Wellness Adventure" is written in a large, bold, green, serif font, and "Costa Rica" is written below it in a smaller, green, cursive font. The text has a slight drop shadow effect.

Wellness Adventure
Costa Rica